



PORTLAND BASEBALL CLUB

125 SE Stark St., Portland, OR 97214
503-380-5685, jtaylor@portlandbaseballclub.com

Portland Baseball Club offers cutting edge baseball instruction for players of all ages. Our 6,000 sq ft facility features 2 retractable cages, 3 portable pitching mounds, and a 36" TV for video training. In addition to our camps and specialized events, we offer private and small group training packages tailored to meet each athlete's needs. You can always find more information at www.portlandbaseballclub.com.

One Pitch, One Zone, Bring It!

Hitting Camp for All Ages

April 17th - 9:00am - 11:00am

Allow Portland Baseball Club instructors to help fine tune your swing for the start of the 2010 season! Develop a solid foundation to build power and consistency in your hitting approach. Learn the components of the swing evident in every MLB player. Balanced stance, proper hand and bat positioning, stride/load into power position, triggering with the lower half, and a good finish. Increase bat speed and make consistent contact. Video training with Right View Pro is included for every hitter. See Your Game analysis is available for an extra \$20. Camp is limited to 30 players. Space is limited so we ask that you pre-register by Thursday February 4th. Staff will include Portland Baseball Club coaches and more.



HITTING CAMP

ALL AGES - \$40
APRIL 17TH, 2010

PORTLAND BASEBALL CLUB CAMP REGISTRATION

3-17-10

Hitting Camp all ages - \$40 See Your Game - \$20

Name: _____ Age: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

School: _____ Year in School: _____

Payment (Circle One): Cash Check Amount: \$ _____

Please return registration form to: Portland Baseball Club | 22407 SW Meissinger Place | Sherwood, OR 97140